The effect of acute stress exposure on ischemia and reperfusion injury in rat heart: Role of oxytocin

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Abstract
Previous studies showed the protective effects of oxytocin (OT) on myocardial injury in ischemic and reperfused rat heart. Moreover, exposure to various stressors not only evokes sudden cardiovascular effects but also triggers the release of OT in the rat. The present study was aimed to evaluate the possible cardioprotective effects of endogenous OT released in response to stress (St), and effects of administration of exogenous OT on the ischemic–reperfused isolated heart of rats previously exposed to St. Wistar rats were divided into six groups: ischemia/reperfusion (IR); St: rats exposed to swim St for 10 min before anesthesia; St + atosiban (ATO): an OT receptor antagonist, was administered (1.5 mg/kg i.p.) prior to St; St + OT: OT was administered (0.03 mg/kg i.p.) prior to St; OT: OT was administrated prior to anesthesia; ATO was given prior to anesthesia. Isolated hearts were perfused with Krebs buffer solution by the Langendorff method and subjected to 30 min of regional ischemia followed by 60 min of reperfusion. The infarct size (IS) and creatine kinase MB isoenzyme (CK-MB) and lactate dehydrogenase (LDH) in coronary effluent were measured. Hemodynamic parameters were recorded throughout the experiment. The plasma concentrations of OT and corticosterone were significantly increased by St. Unexpectedly St decreased IR injury compared with the IR alone group. OT administration significantly inhibited myocardial injury, and administration of ATO with St abolished recovery of the rate pressure product, and increased IS and levels of CK-MB and LDH. These findings indicate that activation of cardiac OT receptors by OT released in response to St may participate in cardioprotection and inhibition of myocardial IR injury.

Keywords: Atosiban, creatine kinase MB isoenzyme, heart, ischemia/reperfusion, oxytocin receptor, stress

Introduction
Coronary heart disease is the leading cause of death worldwide (Sans et al. 1997), arising mainly from ischemic heart disease. In the heart, transient ischemia followed by reperfusion (ischemia/reperfusion, IR) induces necrosis and apoptosis, leading to myocardial dysfunction (Eefting et al. 2004). Currently, the most effective method for reducing mortality in patients suffering from a coronary occlusion is rapid reperfusion of the ischemic myocardium. Paradoxically, reperfusion can at the same time activate a cascade of reactions leading to increased myocardial damage (Braunwald and Kloner 1985), and as the reperfusion is initiated with the treatment of myocardial infarction, it is important to limit the extent of this injury (Rao et al. 2005).

Preconditioning (PC) is a defensive adaptive cellular phenomenon and ischemic PC is a protective mechanism produced by short periods of ischemic stress (St) rendering the heart more protected against another similar or greater St (Das and Das 2008). Cardiac PC represents the most potent and consistently reproducible method of rescuing heart tissue from undergoing irreversible ischemic damage. Although several pharmacological agents that appear to limit reperfusion injury have been identified (Smits et al. 1998; Baxter et al. 2001; Jonassen et al. 2001; Xu et al. 2001; Liao et al. 2002; Yang et al. 2004a), none of these is available for clinical use (Yang et al. 2004b). Several recent clinical studies have documented a significant role of St in evoking sudden cardiovascular dysfunction (Szczechanska-Sadowska 2008). Anatomical
studies of oxytocin (OT) pathways in the brain have revealed extensive innervation of the brain stem structures regulating the cardiovascular, behavioral, and neuroendocrine responses to St by OT fibers projecting from the paraventricular nucleus (PVN; Sawchenko and Swanson 1982). It is possible that OT released during St is involved in modulating hypothalamic–pituitary–adrenocortical axis and selective sympathetic functions (Ondrejcakova et al. 2010).

Some investigators have provided evidence that OT may be involved in regulation of the cardiovascular system by means of direct peripheral and indirect central actions (Petersson et al. 1996). OT is produced and released by the heart and acts on its cardiac receptors to decrease heart rate (HR) and force of contraction (Gutkowska et al. 2000). Ondrejcakova et al. (2009) reported that OT has protective effects on myocardial injury in isolated rat heart induced by IR. In addition, our previous studies confirmed the protective effects of OT on myocardial injury of the ischemic–reperfused heart in the anesthetized rat (Houshmand et al. 2009; Alizadeh et al. 2010). Also, exposure to various stressor such as swim St (10 min, 19–21°C) as a combined emotional and physical stressor triggers the release of OT within both the supraoptic nucleus (SON) and PVN, in male and female rats (Wotjak et al. 1998; Wigger and Neumann 2002; Neumann 2007), which paralleled OT secretion into blood (Lang et al. 1983; Wotjak et al. 1998; Szczepanska-Sadowska 2008).

Engagement of OT in the control of neuroendocrine responses to St, its putative contribution to the regulation of cardiovascular parameters, and its protective effect on myocardial injury induced by IR raise the question of whether St-induced release of OT may also be involved in modulation of the cardiovascular responses and ischemia-induced heart injury to St.

The present study was designed to evaluate the hypothesis that secretion of OT induced by St has cardioprotective effects. This was investigated by examining effects of administration of exogenous OT and of an OT antagonist on the ischemic–reperfused isolated heart of rats previously exposed to St.

**Methods**

**Animals**

Male Wistar rats (200–250 g) were obtained from Tehran University of Medical Sciences and were housed in an air-conditioned colony room on a light/dark (12 h/12 h) cycle (lights on at 07:00 h) at 21–23°C with free access to food and water. The rats were housed individually in stainless steel cages. All experiments were conducted in accordance with the institutional guidelines of Tehran University of Medical Sciences (Tehran, Iran) and the National Institutes of Health guidelines for the care and use of laboratory animals.

**Preparation of isolated hearts**

The rats were anesthetized with sodium pentobarbital (60 mg/kg, 15 mg/0.5 ml i.p.) and given heparin sodium (500 IU/0.5 ml i.p.). Hearts were rapidly excised and placed in ice-cold buffer, and mounted on a constant pressure (80 mmHg) Langendorff perfusion apparatus.

Hearts were perfused retrogradely with modified Krebs–Henseleit bicarbonate buffer containing (in mmol/l): NaHCO3 25; KCl 4.7; NaCl 118.5; MgSO4 1.2; KH2PO4 1.2; glucose 11; CaCl2 2.5 gassed with 95%O2/5% CO2 (pH 7.35–7.45 at 37°C). A latex, fluid-filled isovolemic balloon was inserted into the left ventricle through the left atrial appendage and inflated to give a preload of 8–10 mmHg and connected to a pressure transducer (Harvard). For HR monitoring, electrocardiogram recording was made by fixation of thin stainless steel electrodes on the ventricular apex and right atrium. A surgical needle (6–0 silk suture) was passed under the origin of the left anterior descending coronary artery, and the two ends of the suture were passed through two plastic pipette tips to form a snare. Regional ischemia was induced by tightening the snare, and reperfusion was performed by releasing the ends of the suture. The perfusion apparatus was enclosed in a water jacket to maintain a constant perfusion temperature of 37°C. Hearts were allowed to beat spontaneously throughout the experiments. Hemodynamic parameters [left ventricular developed pressure (LVDP, the difference between left ventricular systolic and diastolic pressure) and HR] were monitored with a homemade program (Ossilo Graph Monitor, Biomed, Tehran, Iran). Left ventricular function was assessed by the rate pressure product (RPP; HR × LVDP). In addition, coronary effluent was collected at the end of reperfusion to measure enzymes, including creatine kinase MB (CK-MB) and lactate dehydrogenase (LDH) as biochemical markers of myocyte necrosis.

**Experimental protocol**

All of the hearts were subjected to 30 min ischemia and 60 min reperfusion (Figure 1).

Rats were divided into six groups: (1) IR: hearts were subjected to 30 min ischemia and 60 min reperfusion; (2) St: rats exposed to swim St for 10 min before anesthesia; (3) St + atosiban (ATO): ATO was used as an OT receptor antagonist (1.5 mg/kg i.p.) 10 min prior to St; (4) St + OT: OT was administered [0.03 mg/kg i.p.; effective dose of OT on IR injury (Houshmand et al. 2009)] 10 min prior to St; (5) OT: OT was administered (0.03 mg/kg i.p.) 20 min prior to anesthesia; (6) ATO was administered (1.5 mg/kg i.p.) 20 min prior to anesthesia.
Forced swimming

For St induction, the rats were forced to swim at 09:00 h for 10 min in deep water at 19–20°C in a plexiglass cylinder that was 50 cm high and 30 cm in diameter, filled with tap water to a depth of 35 cm. Rats were transferred to the cylinder from their home cages, returned to their home cages after the forced swim (Wotjak et al. 2001; Jorgensen et al. 2002). Blood samples for OT and steroid analysis were taken from a tail cut under anesthesia in the IR group, and 15 min after onset of the swim St in the St group. Blood samples were centrifuged (1677g, 4°C for 5 min) in tubes containing Ethylenediaminetetraacetic acid (EDTA) (10% solution, 10ml/100ml blood), aprotinin (a protease inhibitor, 10μl/tube), and phenylmethylsulfonyl fluoride (5μl/tube); plasma was removed and aliquots were frozen at −70°C until assay.

Infarct size measurement

After completion of the reperfusion period, the left coronary artery was re-occluded, and Evans blue dye was infused via the aorta to differentiate the ischemic zone (area at risk, AAR) from the non-ischemic zone. Hearts were frozen overnight and then sliced, using a stainless steel rat heart slicer matrix with 2.0 mm coronal section slice intervals, into 2.0 mm transverse sections from apex to base. Slices were then incubated with 1% triphenyl tetrazolium chloride (TTC in 0.1M phosphate buffer, pH 7.4) for a period of 20 min at 37°C. TTC reacts with viable tissue, producing a red formazan derivative, which is distinct from the white necrotic tissue once it is fixed in 10% formalin for 24 h. The areas of the left ventricle AAR and infarcted tissue were measured by planimetry from the scanned hearts by using the Photoshop program. AAR was expressed as a percentage of left ventricular size for each heart, and the infarct size (IS) was expressed as a percentage of AAR (Imani et al. 2009; Naderi et al. 2010a,b).

Enzyme activities

The levels of CK-MB and LDH activity were assayed in coronary effluent samples at 60 min of reperfusion with a specific CK-MB and LDH kit (Pars Azmoon, Tehran, Iran), using an autoanalyzer (Roche Hitachi Modular DP Systems, Mannheim, Germany). The sensitivities of the assays for CK-MB and LDH were 2-1000 IU/l and 0-1000 IU/l, respectively.

Hormone assays

Oxytocin. OT was analyzed in extracted plasma using an enzyme immunoassay (ELISA, Phoenix Pharmaceuticals Inc., Burlingame, CA, USA) kit. The manufacturer’s instructions for the extraction procedure were followed. The intra-assay coefficient of variation was 6.8%.

Corticosterone. Plasma corticosterone concentration as a St marker was measured using an enzyme immunoassay (ELISA, DRG, Marburg, Sigma-Aldrich, Steinheim, Germany) kit. The sensitivity of the assay was 1.63 nmol/l. The intra-assay coefficient of variation was 6.4%.

Chemicals. ATO, OT acetate salt hydrate, TTC, and sodium pentobarbital were obtained from Sigma-Aldrich, Steinheim, Germany and heparin sodium was acquired from Caspian Tamin Pharmaceutical Co., Rasht, Iran.

Statistical analysis

Repeated measures ANOVA was used for comparison of hemodynamic parameters within groups. One-way...
Hemodynamic parameters

<table>
<thead>
<tr>
<th>Group</th>
<th>n</th>
<th>HR (bpm)</th>
<th>LVDP (mmHg)</th>
<th>RPP (bpm × mmHg)</th>
<th>CF (ml/min)</th>
</tr>
</thead>
<tbody>
<tr>
<td>IR</td>
<td>6</td>
<td>288 ± 15.7</td>
<td>90 ± 6.3</td>
<td>25920 ± 773.1</td>
<td>7 ± 0.49</td>
</tr>
<tr>
<td>St</td>
<td>8</td>
<td>252 ± 13.9</td>
<td>89 ± 7.8</td>
<td>22478 ± 1132</td>
<td>6.3 ± 0.5</td>
</tr>
<tr>
<td>St + OT</td>
<td>7</td>
<td>297 ± 12.0</td>
<td>73 ± 2.0</td>
<td>21681 ± 1206</td>
<td>6.5 ± 0.6</td>
</tr>
<tr>
<td>OT</td>
<td>5</td>
<td>256 ± 16.6</td>
<td>75 ± 2.9</td>
<td>19230 ± 1384</td>
<td>6 ± 0.5</td>
</tr>
<tr>
<td>St + ATO</td>
<td>9</td>
<td>274 ± 19.1</td>
<td>77 ± 3.6</td>
<td>21098 ± 1368</td>
<td>6.4 ± 0.7</td>
</tr>
<tr>
<td>ATO</td>
<td>5</td>
<td>264 ± 26.8</td>
<td>78 ± 2.6</td>
<td>20631 ± 1890</td>
<td>6 ± 0.5</td>
</tr>
</tbody>
</table>

Note: ATO, atosiban; bpm, beats per minute; CF, coronary flow; HR, heart rate; IR, ischemia/reperfusion; LVDP, left ventricular developed pressure; n, number of rats; OT, oxytocin; RPP, rate pressure product; St, stress; repeated measures ANOVA was used for comparisons within groups. *P < 0.05 vs. baseline. One-way ANOVA was used for comparisons between and within groups. †P < 0.05 vs. IR group. ‡P < 0.05 vs. St group. Data are mean ± SEM.
Discussion

The results of the present study show that, acute St increased plasma concentrations of OT and corticosterone and unexpectedly decreased the consequences of IR, such as IS, and CK-MB and LDH levels. Protection induced by St was abolished by the administration of ATO (a non-selective OT receptor antagonist) prior to the St. OT administration decreased IR injury, and OT administration prior to St did not further alter the cardioprotective effects of St.

It is well recognized that St can be harmful to the cardiovascular system (Ramachandruni et al. 2004). In this regard, many clinical studies have reported that exposure to St correlates with increased morbidity and mortality from cardiovascular diseases, including myocardial ischemia (Ketterer 1993; Tennant et al. 1994; Krittayaphong et al. 1995; Krantz et al. 1996). Acute St accelerates HR, cardiac contractility, and increases total peripheral resistance (Zhang and Leenen 1999). Consequently, cardiac work and oxygen consumption markedly increase (Clarke et al. 2000; Kario et al. 2003). Forced exercise could induce maladaptive changes in both brain and heart tissues (Yancey and Overton 1993; Pedersen et al. 1997; Koller et al. 2001; Scopel et al. 2006). Mancardi et al. (2009) observed a worsening of IR outcomes in the heart of rats forced to run, and Scheuer and Mifflin (1998) showed that chronic St increased the size of infarction. These observations conflict with other studies that showed heat St significantly reduced IS in the isolated rat heart subjected to an IR sequence (Joyeux et al. 1998). Acute exercise training (Locke et al. 1995; Taylor et al. 1999) and repeated physiological St provide myocardial protection against IR injury (Hoshida et al. 2002). Moreover, there is evidence for an effect of cold-restraint St in cardioprotection (Wu et al. 2004).

In our study, an acute episode of St experienced just before IR provided myocardial protection against IR.
injury by decreasing IS as a distinct endpoint of ischemic heart injury. The effects of St may be of two main types: local and remote. It has been documented that St evokes several protective responses that could prevent the development of IR injury (Scheuer and Mifflin 1998). The St response is likely due to interaction between the neuroendocrine system, the sympathetic nervous system, and the target organs, with resulting release of specific hormones (Bohus et al. 1987). Previous studies have shown that a 10-min forced swimming session triggers the release of OT within the hypothalamic SON and the PVN (Wotjak et al. 1998; Wotjak et al. 2001) and into the blood (Wotjak et al. 1998; Wigger and Neumann 2002). By contrast, a single swimming episode causes a strong increase in plasma OT, whereas plasma levels of arginine vasopressin (AVP) remained essentially unchanged (Wotjak et al. 1998). Hence, in the rat, vasopressin secretion appears to be unresponsive to several stimuli known to induce adrenocorticotropic hormone (ACTH) and catecholamine release, such as swimming (Jezova et al. 1995).

Our study showed that plasma OT concentration was increased by swim St, confirming the results of previous studies.

Importantly, from our results, it may be concluded that St-induced endogenous OT may protect the heart by preventing worsening or development of IR injury. Forced swimming has a cooling effect on the rat, and St exposure significantly reduced the level of this enzyme. Increase in plasma LDH level, which plays an important role in systemic tissue damage (Devi et al. 2005), was attenuated by St treatment. The increasing efficacy of injury inhibition until an optimal dose was attained beyond which higher doses showed less activity. Optimal effect in the reduction of IS, biochemical changes, and hemodynamic improvement was induced by i.p. bolus injection of 0.03 mg/kg OT. For all indices of protection, higher and lower doses of OT showed a less protective effect (Houshmand et al. 2009). Interestingly, in the present experiment, OT administration had a protective effect, but administration of OT prior to St did not increase the protective effect of St. There are two possible explanations for these findings. First, swimming could stimulate release of OT in multiple ways, and the release could be sufficient enough to saturate OT receptors in the heart. Second, as OT has a biphasic dose-dependent effect against IR injury, combination of exogenous OT and OT released in response to St provided a higher level which showed less activity.

In the present experiment, ATO inhibited the protective effect of St by increasing the IS. This implies a possible contribution of OT released in response to St acting via its cardiac OT receptors. In support of the current data, Cicutti et al. (1999) confirmed the presence of a specific OT-binding site in left ventricle of rat and in human atrium. It is generally accepted that OT activates two types of receptors: OT and V1 vasopressin receptors (Costa et al. 2005), and both OT (Gutkowska et al. 2000) and V1 receptors (Hupf et al. 1999) are present in the heart. Therefore, the effect of OT may be caused by the activation of OT and V1 receptors (Jankowski et al. 2000).

Our previous studies have indicated that possible mechanisms include release of acetylcholine, nitric oxide (NO), and atrial natriuretic peptide (ANP; unpublished), opening of mitochondrial ATP-sensitive K+ channels (Alizadeh et al. 2010), closing of mitochondrial permeability transition pore, activation of protein kinase C, and reactive oxygen species (unpublished) are involved in the signal transduction of the early phase protection of PC by OT in the anesthetized rat. OT may release ANP (Gutkowska et al. 1997), and as ANP is a mediator of ischemic PC in the rat (Sangawa et al. 2004), there is the possibility that the cardioprotective effects of OT PC may be mediated through the release of ANP. Recent reports suggest that the protective effects of OT pretreatment on IR damage may be caused by the release of NO (Nakamura et al. 2006; Tugtepe et al. 2007; Dusunceli et al. 2008).

In our experiment, St reduced the in vitro release of enzyme markers of myocardial damage. Elevated levels of CK-MB have been regarded as a specific biochemical marker of myocyte necrosis (Yilmaz et al. 2006), and St exposure significantly reduced the level of this enzyme. Increase in plasma LDH level, which plays an important role in systemic tissue damage (Devi et al. 2005), was attenuated by St treatment.
The effects of ST exposure on the release of CK-MB and LDH were abolished by ATO. Administration of OT also decreased CK-MB and LDH release. These effects were in the same direction as the changes in IS. In addition, we showed that ATO increased CK-MB level as compared with the IR alone group, indicating a probable protective role for endogenous OT in IS injury under experimental conditions (Houshmand et al. 2009).

These findings indicate that activation of cardiac OT receptors (and/or V1 receptors) due to OT released in response to ST may participate in cardioprotection and inhibition of myocardial IS injury.

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